

Hi, I'm  
Micaela!

Each summer,  
my stake collects food for  
a food bank. I was sad to learn  
that some kids don't get dinner  
every night. I know how grumpy  
I feel when I'm hungry, so I  
wanted to help collect  
for the food drive.

# food drive fun

## Spreading the Word

A food bank gives food to people who don't have much money. I wanted lots of people to help donate. A few weeks before the food drive, I brought flyers to my school teacher. She passed out more flyers to other teachers.



## Running for a Reason

I decided to run the one-mile race that was held as part of the food drive. I practiced in my neighborhood so my body would be ready to run a whole mile.



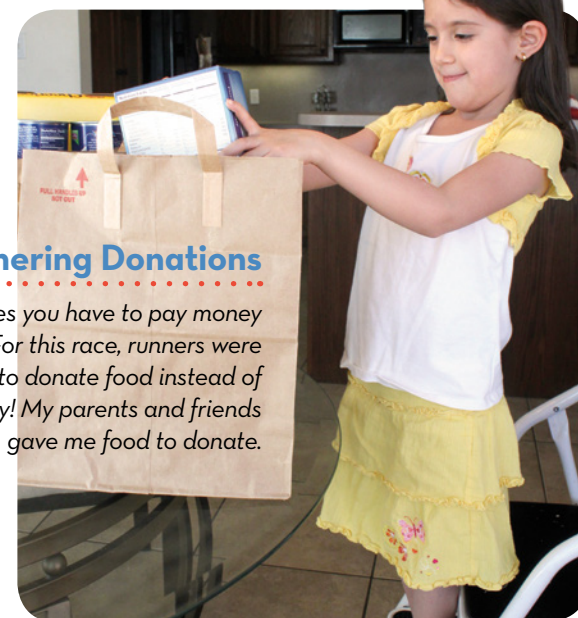
## Ready, Set, Serve!

It was a hot morning, but I finished the race. I ran the whole time without stopping. I even got a medal for finishing!



## Gathering Donations

Some races you have to pay money to enter. For this race, runners were asked to donate food instead of money! My parents and friends gave me food to donate.



## Sorting the Food

After the race my family and I went to the parking lot of a local grocery store to sort the donations that went to the food bank.

## HOW YOU CAN HELP



Instead of birthday gifts, you could ask for donations for your local food bank.



Visit your local food bank. Ask what items they need the most.



Plant a garden! Some food banks accept fresh fruit and vegetable donations.



Your family's fast offering helps provide food for families in need.

## Micaela's Tip

I try to invite friends to Church service activities, whether they're members or not. We have fun!

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Remember when our family had to use the food bank?

Yeah. And now it's our turn to share!



## GIVE US A HAND!

How do you follow Jesus by helping others? Trace your hand, and send us your story and photo, along with your parent's permission. Find out how on page 48.